



**ELKINS HIGH SCHOOL | CROSS-COUNTRY**  
**100 KENNEDY DR. | ELKINS, WV 26241**



Dear Coaches,

We look forward to seeing your teams at the Mountain State Forest Festival Cross-Country Invitational on September 28, 2024. As you prepare to travel to Elkins, please share the following with your teams and families:

- The meet is contested at the Davis & Elkins College athletic fields (rear side of campus).
- Spectator fees are now \$7 per adult (per Big X bylaws) & \$3 per student.
- T-Shirts (see design at left) are \$15.
- Buses should drop-off athletes at D&E's athletic fields and park off campus (e.g., U.S. Forest Service Building @ 200 Sycamore St. in Elkins).
- Please do not set up tents on or near the softball fields, dugouts, or batting cages.
  - Tent city is below finish chute area.
- Medals will be given out to the top 10 finishers in the finish chute.
- Plaques will be given to the top two boys/girls teams in separate awards ceremonies following the high school and middle school races (respectively).
- We ask that high school teams and spectators leave promptly after their competition to make room in a crowded parking lot for arriving middle school teams and spectators.
- We will not run a separate JV high school race.
- We likely will run a separate JV middle school race (to confirm on 9/23 after entries are submitted).

Finally, please be sure to submit your entry fees ASAP (**\$60** for schools entering only a boys or girls team and **\$100** for schools with coed entries). Fees can be paid on the day of the meet or mailed to the address below. Checks should be made payable to "**Elkins HS Athletics**" for HS teams or "**Elkins MS Athletics**" for MS teams.

**Elkins High School**  
**Attn: Scott Biola**  
**100 Kennedy Dr.**  
**Elkins, WV 26241**

See you soon!  
Scott Biola  
EHS Boys Coach  
304-582-0586 (cell)  
[jsbiola@gmail.com](mailto:jsbiola@gmail.com)