



REGION I AA

CROSS-COUNTRY

2024 CHAMPIONSHIP INFORMATION

Dear Cross-Country Coach,

Elkins High School will host the 2024 Class AA Region I Cross-Country Championships at the Davis & Elkins College Athletic Complex. Please read below for pertinent information about this qualifier for the West Virginia AA State Cross-Country Meet.

Date: Thursday, October 24th

Schedule: 9:00 a.m. Course Open for Preview
10 a.m. Coaches Meeting
11:00 a.m. Girls Class AA Race
11:45 p.m. Boys Class AA Race

Teams: East Fairmont, Elkins, Grafton, North Marion, Oak Glen, Weir, Wheeling Central, & Williamstown

Awards: Medals for top 10 individuals in each race.
WVSSAC Plaque for girls and boys team champions.

Qualifying: **Teams-** The top three teams from each region will qualify for the State Meet.

Individuals- Each region will qualify five (5) individuals exclusive of the qualifying teams with a minimum of ten (10) individuals qualifying from each region.

Note that process for qualifying for the State Meet is described in [The Interscholastic](#).

Entries: Each school is permitted to **enter up to 10** runners for each race but can **only race seven** in the meet. Entries must be submitted using www.athletic.net. We will pull entries on **Tuesday, October 22nd at 11 p.m.** Please make sure that the names of the athletes that you enter are on your eligibility certificate and that they are spelled correctly.

Other: Inform your spectators that spectators pay \$10 per adult and \$7 per student (per WVSSAC). Long-sleeve hooded t-shirts will be for sale on site for \$25. Meet entry lists and results will be posted on www.athletic.net and www.mountaintiming.com.

Parking: Buses will need to unload teams at the Davis & Elkins College athletic fields entrance and park off campus. Parking on Sycamore St., which is the street that leads to D&E's main entrance, works well for this arrangement.

Contact: Scott Biola jsbiola@gmail.com

DAVIS & ELKINS COLLEGE 5000M XC COURSE



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- MILE TWO (dashed line with arrow)
- MILE THREE (dotted line with arrow)

